

Calling All Who Care

Whether you do it for love or for a living, your caregiving helps keep Washington County's older adults happy and safe.

Caregiving comes in so many shapes and sizes that, like many people, you might not even realize you're a caregiver. Caregivers...

bring in the mail • drop off food or meals • stop by for a safety check
respond to medical events and falls • coordinate professional services
help with daily activities eating or bathing • manage meds • and more

You're Invited

to join us for coffee and conversation about caregiving
resources and support in Washington County

Wednesday, June 22
3:00 – 4:00 p.m.

Kirkwood Center, Room 208
2192 Lexington Blvd, Washington

Zoom ID: 983 1197 9720

RSVP

spots are limited, so please contact Heritage AAA
phone: 319-398-5559 or 800-332-5934
email: Heritage.Agency@kirkwood.edu



Area Agency on Aging

www.HeritageAAA.org | (319) 398-5559 | 1-800-332-5934